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This Month:

THE POWER OF SOCIAL MEDIA

Prestwich Man's Tweet Goes Viral

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Stand & Prestwich Season's So Far

THE ACCRINGTON PALS

Reviewing WAODS Play

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We feature advertisers from in and around our two towns so if you are in the market for any of their products and services then please give them a call.

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Gallery

- 1) Bury New Road/Stanley Rd Junction, Whitefield. 2) Junction 17 foot bridge, Whitefield
3) Heaton Park BT Tower, Prestwich.

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WHITEFIELD AODS (PADOS House, June) – With nationwide commemorations around the First World War Centenary, Whitefield AODS's latest production was a particularly appropriate one. The Accrington Pals looks at the young men of Lancashire who enlisted in response to Kitchener's call for a volunteer army, forming a battalion with a distinctly local identity. Groups of friends and neighbours joined up together, many excited by the prospect of war, but the Accrington Pals suffered devastating losses in the opening day of the Battle of the Somme, and the community bore its own devastation, with almost everyone at home affected by the death or wounding of a relative or friend.

As seen in Whitefield AODS's production however, Peter Whelan's play focuses more on the Accrington Gals, the wives, girlfriends and family of those who headed off to war. We meet May, a strong business-woman, who seizes the opportunity of war to expand her greengrocery business. Her lodger and friend Eva finds work at the mill, while another local girl, Bertha, is employed on the tram and – shockingly for the time – shortens her skirt a good 12 inches above her boots to enable her to carry out her duties. Annie is left to cope with her errant boy Reggie, while Sarah takes the war in her stride, always happy to drown anyone's sorrows with a drink.

Each of the women has a love story of sorts. Lorraine Cox as May showed considerable talent, the character's initial coldness softening throughout the play as she reveals her fondness for her cousin Tom (Jack Forrest), 10 years her junior and a socialist dreamer. Eva, played beautifully by Charlotte Ashworth, bids farewell to her lover Ralph (Sean Howarth), while Annie (Jenny Gregson) is driven mad by the loss of her god-fearing husband Arthur (Leon McKenna) and young Reggie (Connor O'Brien in a notable debut for the company) is left to look after her. Sarah (Elisabeth Burgon) and Bertha (Emma Toms) balance each other well, the former begrudgingly wishing for the return of her husband, and the latter ashamed to accept a proposal from a co-worker unable to enlist through illness.

After a dramatic battlefield scene, it is left to CSM Rivers (Keith McEvoy), the officer who promised to look after the Pals, to deliver the final tragic news to May, as the other women march on the town hall to find out the truth, none of them believing the pro-war propaganda being printed in the newspapers. And life must then go on for those left behind, with another two years of war ahead.



The intimate surroundings of the PADOS theatre allowed the characters to reach out to the audience and share their emotions. A simple set, where a wheeled cart rotated to become a fireplace, and projections of streets, interiors or trenches established each scene, worked well, and final images of poppies in the field and the Accrington Pals memorial left a poignant reminder of the sacrifices made 100 years ago.

Sue Hibbert

Whitefield AODS's next performance is a Showcase at The Lowry (13 July), followed by The Addams Family – A New Musical (22-25 October) and Abigail's Party (June 2015). More details can be found on their website, www.waods.co.uk.

Pictured: Lorraine Cox as May with Keith McEvoy as CSM Rivers (Photo by Martin Ogden).

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"The sponsorship of the bicycles further demonstrated that SME's do have a part to play in a thriving and successful community. With this in mind, we have no hesitation to support the Prestwich & Whitefield Local, and wish them every success in the future."

"My fellow Director Peter Davys (pictured opposite and National Councillor for the Manchester and North Cheshire FSB), is looking forward to contributing to local business with his monthly article in future Prestwich & Whitefield Local editions."

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Sunday 13th July

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Wed 22 - Sat 25 October 2014, The Met, Bury. Tickets: www.waods.co.uk, tickets@waods.co.uk, 07582 683 636.

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Prestwich Comedy

Thursday 14th August - Church Inn, Prestwich

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GOING VIRAL: THE POWER OF SOCIAL MEDIA

On Tuesday 27 May my wife came home from Asda with some wearable England flags for the kids. I tried one on looked in the mirror and noticed that when the hood was up it looked a bit like a Klu Klux Klan cloak. A photo was taken of me and I uploaded it to Facebook & Twitter saying that they looked a bit wrong. A few friends retweeted it on Twitter and some liked it on Facebook and I thought nothing more about it.

On Thursday morning I noticed my phone going crazy so I checked and I found had just over 100 retweets. My previous record was 50 so it was a bit of a surprise. On my lunch I checked again and it had passed the 1,000 mark and went up another 200 in the next 30 minutes. I was messaged by Milton Keynes community news asking if they could use the photograph.

Things then started to snowball out of control. The Sun rang my mobile for an interview, Sky TV contacted me and my retweets passed the 5,000 mark by Friday lunchtime. In the end almost every major daily newspaper and every local newspaper carried the story. I totally lost control of the photograph. There were stories in papers with my photograph credited to other people and other Twitter accounts were using my photographs as their own. Some of these Twitter accounts I couldn't even name drop in this publication. I have to admit this point I did start to have some concerns. The photograph did reference a controversial subject. It wouldn't have been too difficult for it to be taken out of context and I could end up in an awkward situation.

The story on the Telegraph website had nearly 500 comments on it. One comment even said the pictures on my wall were terrible. They were pictures drawn by the kids at school! I stopped reading the comments then.

Even now over a week later I am still getting

lots of retweets and including around 200 today, Friday 6 June, leaving a current total of 7,752.

The moral of the story is be careful what you upload on the internet. What you think is a funny picture to send round your mates can quite easily end up with your face on Sky News. I'm off now to work out how to get 1,000's of retweets on demand and move into a career in marketing!

@baggie_ade



Ade Brandwood
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Wife has bought these wearable England flags from Asda for the kids. I'm not sure that they set the right tone. pic.twitter.com/GtnP59Ge3m



27/05/2014 22:09

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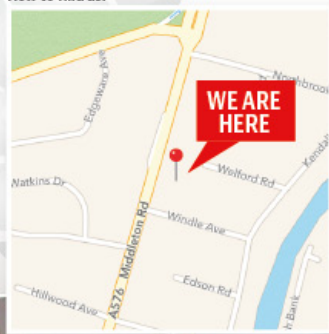
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SPORT ENGLAND SUPPORTS LOCAL SPORTS CLUB

Sport England's support of grass root sport is again evident with their support towards replacement drains and ground levelling at the communities local Cricket Ground. Over the last few years drainage on part of the Heys Road ground has seriously deteriorated resulting in the cancellation of many league cricket and local school matches. The project will cost of the order of £50k with the Sport England grant of ca £40k covering the majority of the costs.

The PCTBC Chairman Brian Lorenzini is delighted with the grant and the support provided by Sport England to the club.

"The future survival and indeed development of our club has been underpinned by fantastic support from Sport England.

"They have supported us over many years as they have recognised what the club means to the local community.

"The process to obtain the grant has been very demanding and I would like to recognise and thank John Howard for all his work in preparing the application through to successful completion."

The project will start in two phases: Phase 1 starting in September/October 2014 and Phase 2 starting in September/October 2015.

• Prestwich Cricket, Tennis & Bowling Club enjoys partnerships with many local schools and is supported financially by sponsorship from many local businesses. If you feel you would like to contribute please contact the club direct via its website www.prestwichsport.com.

NEW VENUES FOR CRACKING GOOD FOODS ARTISAN BREADMAKERS

Number one in Visit Manchester's Five Great Cookery Courses In Manchester, Cracking Good Food's range of cook and dine experiences for the general public is going from strength to strength and there are now three locations where people can learn how to make artisan bread: in Flixton, Prestwich and Chorlton-cum-Hardy.

Having successfully launched a new full-day bread class, Our Daily Bread, in Flixton, Cracking Good Food will return to the Girls' School there for more baking on 12 July and 8 November (10am-4pm, £95). Cracking Good Food also took artisan breadmaking to North Manchester for the first time on 7 June and is back there again on 27 September, with a brand-new all-day course at Prestwich Arts College (10am-4pm, £95).

Cracking Good Food's half-day Breaking Bread courses continue to run at Chorlton High School (the next programmed are 13 September and 11 October, 10am-2pm, £55), and there is also a special Festive Bread session on 22 November (10am-2pm, £55).

CGF's breadmaking expert Rob Tomlinson says: "Our workshops are totally hands-on and participants come away with the knowledge of how to make organic loaves, aromatic focaccia, rye bread, delicious garlic naans, and even the perfect pizza base. The battle to restore decent bread to its proper place is gathering momentum. Join us!"

And feedback from participants has been glowing: "Apart from achieving the obvious requirement of improving my skills and confidence, it's a really nice day out, with a very friendly, chilled atmosphere – highly recommend this!"

Included in the price of the full-day breadmaking sessions is CGF's new 26-page booklet, Best Thing Since Sliced Bread, full of information, history, tips and recipes, and everyone also receives a complimentary "baker's mate". Participants in all the classes also take home the fruit of their labours, in paper bread bags especially sourced for the purpose.

Cracking Good Food is a not-for-profit organisation that encourages home cooking. It was shortlisted as a Food & Drink Pioneer in 2012's Manchester Food & Drink Festival Awards, uses seasonal, organic and fairtrade produce from local, independent outlets and Fareshare, and has worked with a number of sustainable organisations and charities. See www.crackinggoodfood.org for details and booking information for all the classes on offer and to find out more about Cracking Good Food's valuable community work.

RESTAURANT REVIEW: INDIAN OCEAN, MIDDLETON ROAD

ANDREW TAYLOR - "We received a very warm welcome and the staff were polite and attentive. The food was excellent the children were well looked after too. We will certainly be returning to Indian Ocean.

JAMIE SPENCER - "The staff were very friendly and patient. The meal was superb and we would certainly recommend Indian Ocean."

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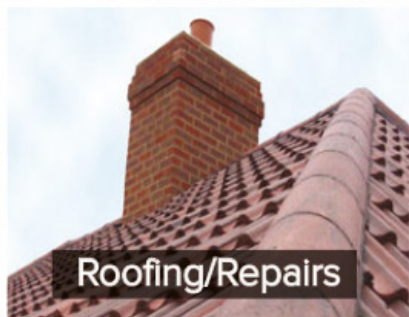
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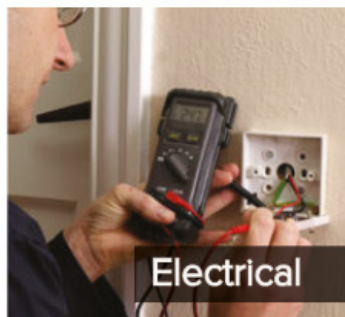
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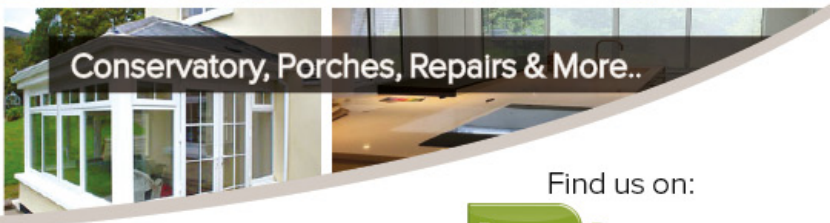
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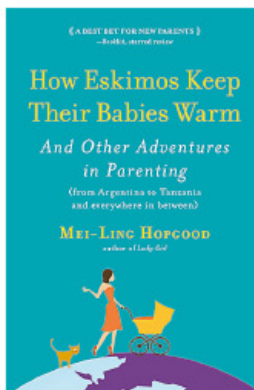
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How Eskimos Keep Their Babies Warm - Mei-Ling Hopgood

Parenting is a funny business. Everyone has an opinion on how to do things, from potty training to bedtimes - and that is only friends and family. Imagine how many different views on these everyday aspects of a child's life exist across the world...



Mei-Ling Hopgood's fascinating book explores a range of ideas from across the globe, looking at how 'normal' practice in one culture may seem unusual, if not downright odd, in another. Hopgood writes from the parent's perspective, and the book is part social history and part memoir as she tries to apply different strategies with her own daughter.

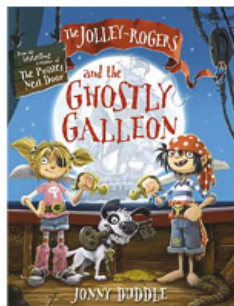
Whilst some of the issues here are familiar to many, from newspaper headlines and popular studies, others are genuinely new and absorbing to the reader. We all know that the French have a reputation for appreciating good food, and Hopgood's exploration of mealtimes at a French nursery school serve to explain how children come to see food as more than just fuel. However, the ways in which Japanese children are encouraged to work conflicts out for themselves, even if that means coming to blows, and the reality of how and why Kenyan parents manage without pushchairs, are small revelations which lead us to wonder about how we perceive growing up.

Hopgood's style is a mixture of anecdote, example and research, meaning that the book is always readable and is educational in the best of

ways - you find out an awful lot, and you don't always realise how much you are learning. Not a bad way of thinking about teaching children, either...

The Jolley-Rogers and the Ghostly Galleon - Jonny Duddle

Jonny Duddle's picture books have quickly become modern children's classics, and this chapter book follows on from 'The Pirates Next Door', using familiar characters but offering a longer and more detailed read for that awkward age when picture books are dismissed as 'babyish' but longer books are still a little too challenging.



Duddle's illustrations are carefully spaced, so that there are no daunting pages of solid text: there is always at least one line drawing to pull us in. However, the text also does this brilliantly. Picking up the story from where it was left at the end of 'The Pirates Next Door', it begins with strange happenings in Dull-On-Sea. Firstly there are some very odd night-time visitors. Then the museum is robbed - and whilst the account of events offered by hapless security guard Arthur Popycock is garbled, it makes one thing clear: there are pirates involved! Matilda thinks it must be time to contact her best friend Jim-Lad, and he and his family soon set sail for Dull-On-Sea to try to discover exactly what is going on...

Short enough for a rainy afternoon read, or long enough to keep younger readers guessing through a week of bedtimes, this is a fabulous little book.

By Kath Bennett

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Dennis Gore - aka Dennis the Chemist - is a legend in holistic pharmacy

Dennis Gore MRPharmS is a broadcaster, global advisor, own-label manufacturer, distributor, online retailer – oh, and a shopkeeper.

But like many a multitasking genius, Dennis the Chemist is a little bit mad. Check out his eponymous website in order to find his Prestwich store, and directions go something like: "Come off at J17, drive 0.8 mile down Bury New Road, turn left at St Mary's Road (there is a bollard in the middle of the road). St Mary's Road becomes Whittaker Lane. From the bollards to our door is 0.6 miles. Welcome!"

Never mind the bollards, get the picture? But hey, don't be fooled. I asked Dean Forbes, PR and marketing executive at Pharma Nord (the Morpeth-based nutritional company with which Dennis has enjoyed a long and fruitful alliance) about this man's pharmacy. An Internet or bricks and mortar pharmacy? He said: "Dennis does indeed have a retail presence. It's amusing, as it's the most unassuming shop, considering his reputation and the business he does."

In fact, Forbes reports that a sizeable chunk of the business is built around Dennis's success with, and fervent belief in, Pharma Nord products. "He has," says Forbes, "shifted over £1m of our Coenzyme Q10 and used it to make a massive impact on his community's health. It's so gratifying that he has trusted his reputation to us for all these years."

If you track down the Manchester-based Dennis Gore Pharmacy, the word 'tardis' seems somewhat understated. And the encyclopaedic roll call of products (500 from around the world) are all available online too.

Dennis caters for just about every chronic condition imaginable, with world-class natural products and therapies working alongside

the traditional dispensing side of the business.

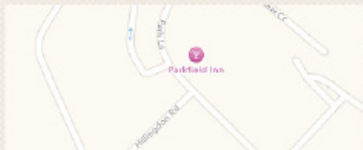
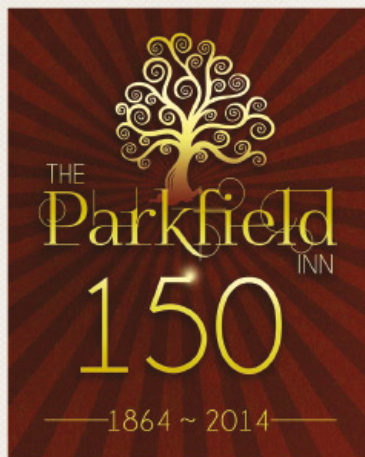
"When you strip back all the layers," says Dennis, "I am a pharmacist to the core. So it is absolutely essential to me that the CAM (complementary and alternative medicine) side of the business, about which I am equally passionate, is underpinned by evidence-based science and pristine, forensically stringent quality control".

Dennis's shop is a destination in itself. People come from far and wide. They phone, write and email, and turn up on his doorstep seeking advice on everything from asthma to zinc deficiency, to indulge in retail therapy and to meet the man himself.

Dennis does, to say the least, have a profile. A shrinking violet he is not. He regularly appears on radio and television, starting out on local radio station Piccadilly Radio over 20 years ago. He's also appeared on BBC GMR, BBC Lancashire and BBC Merseyside and can be heard on City Talk FM in Liverpool every month, answering queries on complementary healthcare and pharmacy on the Pete Price Show.

Dennis has appeared on ITV's Lunchtime Live with Eammon O'Neal and has guested frequently on Channel M on Sky. He also attends and presides at lectures and international symposiums, mainly to enrich and expound his knowledge on CoQ10. That's why people beat a path to his door and gold standard healthcare brands want to supply him with their products.

Dennis Gore Pharmacy
Whittaker Lane, Prestwich, Manchester. M25 1FX
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Website: <http://www.dennisthechemist.com>



Early Dining Menu

Available Monday - Thursday / 12- 2pm and 5- 7pm

2 Courses - £14.95 3 Courses £17.95

Menu changes weekly

Sample Menu

Starter

SOUP OF THE DAY

Warm Bread Roll & Butter

CHICKEN LIVER PARFAIT

Toasted Bread, Market Salad

GLAZED GOATS CHEESE

Mixed Leaf Salad, Beetroot Relish, Balsamic Reduction

Main Course

LANCASHIRE LAMB HOT POT

Pickled Red Cabbage, Market Vegetables,

Choice of Potatoes

SUN DRIED TOMATO & MOZZARELLA TART

Griddled New Potatoes, Rocket Salad,

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Griddled New Potatoes, Green Beans,

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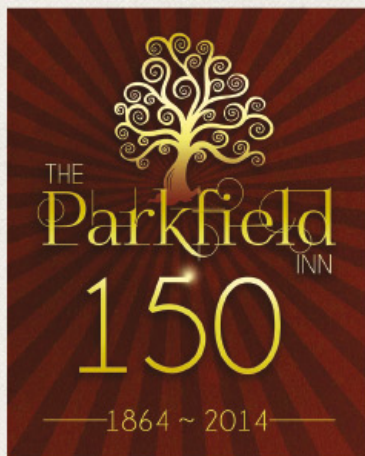
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Malteser Crunch & Caramel Swirl Cheesecake

Ingredients

For the Base:

150g Chocolate Digestive biscuits

50g Butter or margarine

50g of brown sugar

Handful of Maltesers

For the filling:

400g of full fat cream cheese

200g of Double or whipped cream

100g of icing sugar

1tsp vanilla extract

200g Dulche de leche or ready made caramel

100-150g Malteser's

Method

Using a large freezer bag and a rolling pin break up the Maltesers and biscuits into a fine crumb.

Melt the butter and sugar in a pan add the crumb and in mix well until the crumbs are fully coated with the butter and sugar press the crumb using a metal spoon into a loose bottomed 20 cm baking tin, chill in the fridge for 20 mins.

Lightly whip the cream and sift the icing sugar and add the vanilla, gently add the cream cheese be careful to not over mix as the cream cheese tends to go runny, fold in the malteser, I tend to break them up so you have small pieces of maltesers.

Finally fold in the ready made caramel so it's a swirl and not completely mixed in. Add the cream chesse filling to the baking tin and smooth over with the back of a spoon or palette knife leave to chill in the fridge for an hour.

Serve

Top the cheesecake with malteser's and serve with a swirl of chocolate sauce for extra indulgence.

Eat and Enjoy!



Lilli Oliver Cakes is a local business based in Whitefield since 2011 and founded by Vedia. Specialising in bespoke cakes and cupcakes for all occasions. Vedia is always happy to give tip's and advice to baking and cooking enthusiasts.
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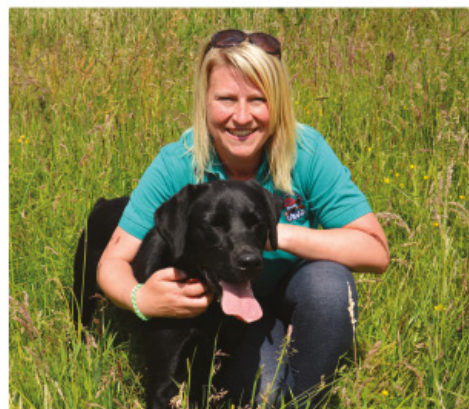


Digs for Dogs offers a new lifestyle and business opportunity for Dog Lovers



We are pleased to announce that Bev Lewis and her Black Labrador, Cooper have recently joined the successful Bury based business "Digs for Dogs" - Pet Services for Dogs.

Business partners Debbie Pomfret and Lisa Hulton from Tottington in Bury launched Digs for Dogs in April 2012 offering peace of mind to dog owners by providing Home Boarding with a loving Host Family, Dog Walking whilst owners are out at work, Puppy Visits, Elderly Dog Care



and a Pet Taxi Service to the vets or groomers.

Bev Lewis who lives in Whitefield has recently joined the Digs for Dogs team and is now operating a full range of Pet Services, including Dog Walking, Puppy Visits, Elderly Dog Care, Pet Taxi Service plus two new Services of "Holiday House Visits" and "Doggy Day Trips" for dog owners who reside in the Whitefield, Prestwich, Unsworth, Hollins and Radcliffe areas.

Bev has been a customer of Digs for Dogs and has regularly used the dog walking service for her beloved dog Cooper whilst she and her husband Gareth were out at work. Bev totally understands how it feels to leave your four legged friend at home when going to work and knows that having reassurance that your pet is having lots of fun and a good walk really does give you peace of mind.

When the opportunity came to Invest, Bev had



no hesitation in wanting to join Debbie and Lisa in the doggy world and they are really pleased that as a customer who has used the service that Bev took that great leap of faith to join Digs for Dogs to operate her own business within her local area.

"After working in finance for nearly 18 years, I decided it was time for a change and a fresh start.

"The Digs for Dogs Team have cared for Cooper since he was 10 weeks old and I have seen how much they love their work, so when the opportunity came along to join them, I jumped at the chance!

"What could be better than being out in the fresh air with all those lovely doggies, including Cooper. It just doesn't feel like work!"

Bev and Cooper are now officially part of the Digs for Dogs Gang and will be launching their new business on Monday 16th June. Give them a toot and a wave if you see the Green Van!!

For more information about the services please visit www.digsfordogs.uk.com or you can email us at bev@digsfordogs.uk.com or telephone on 07986 850593.

If you would like further information about this business opportunity or services for your dog then please visit www.digsfordogs.uk.com.

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Maximus flora phobia - true or just a tall story?

I'm not quite sure whether or not this is an officially registered phobia, but it seems to be one I see people suffering from frequently, so I thought I'd invent a Latin name for it. Maximus (large) flora (plants) phobia, creeps up on people slowly and its more common than you may think.

Maybe it's not as serious as Botanophobia, the official phobia for people who have a genuine phobia of plants, but this pseudo-phobia is specifically related to selected members of the plant kingdom which grow taller than humans. I first discovered this was an issue when I planted a Rowan tree in my back garden at the age of 18. "How big will that grow?" my mum would ask me every spring, and each year I would reply with my standard answer "oh, not much bigger than that!"

I'm not sure if it's the fact that humans are generally control freaks and like to be able to reach the top of the plants (for maintenance I can only presume), if they feel overwhelmed by the sheer size of a large tree, or perhaps are overly concerned about it growing too near to the house.

There are ways to manage the growth of large trees and plants, such as pollarding (cutting off the branches to leave a trunk with a stumpy top), or 'balling up' as it's known in the industry (the act of trimming shrubs into spheres). In my opinion both are hard work, and generally leave ghastly looking results, with the exception of topiary of course!

A much better idea is to select the correct tree or shrub in the first place. If you have a border just 2 feet wide, plant a small shrub such as a Hebe that only wants to grow to 2 feet wide. A little research should throw up some good varieties. Trees such as Amelanchier 'Robin Hill' and Acer griseum, or Sorbus 'Joseph Rock' are ideal. Try



Prunus 'Amanogawa' for a flowering cherry, or Crataegus persimilis 'Prunifolia' which will grow in any location and any reasonable soil.

If you're a plant-nut like me, then it will probably frustrate you when people over trim plants to within an inch of their lives, or hack bits off trees, making them look like alien forms. If you live with a 'sufferer' and as a last resort, you could try introducing a pause in your words, as a good friend of mine did when asked how large the Eucalyptus in the front garden would grow "Oh, only four-t-five feet darling". She actually got away with that one ... until the following summer that is anyway!

Enjoy your garden.

Lee Bestall



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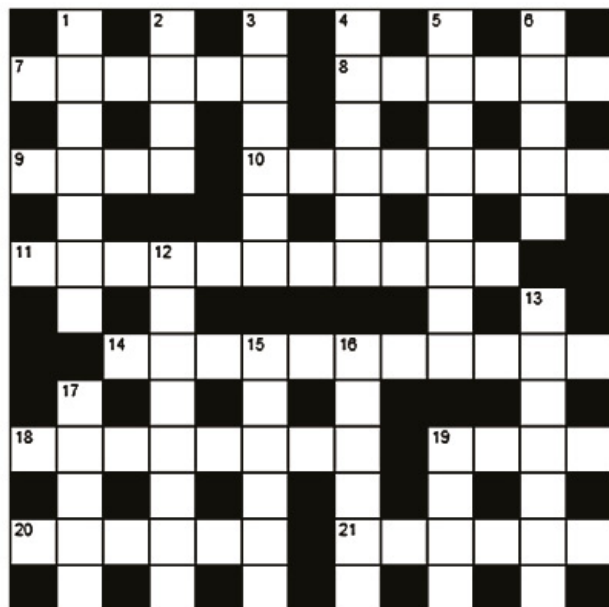
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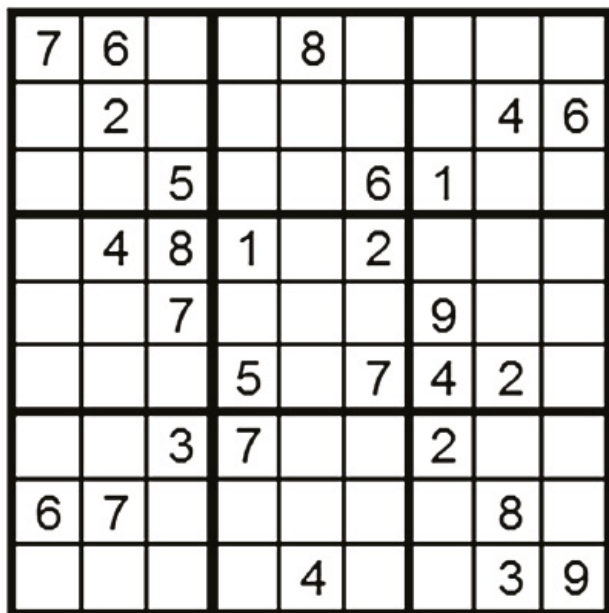


Across

- 7 Policeman's beat (6)
8 Yearly (6)
9 Jump (4)
10 Testimony (8)
11 Radiant (11)
14 Investor (11)
18 Physical exertion (8)
19 Clang, toll (4)
20 Save (6)
21 Zeal (6)

Down

- 1 Conscientious (7)
2 Clench, hold (4)
3 Cheat, swindle (6)
4 Lunatic (6)
5 Found within (8)
6 Small plot of land (5)
12 Co-operate (8)
13 Juvenile (7)
15 Cutlery (6)
16 Listened to (6)
17 Outdo, outshine (5)
19 Distil, infuse (4)



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In addition, walking conditions all the muscles of the lower body, particularly those in the bottom and thighs, and US psychologists also claim that regularly spending time outdoors can help stave off anxiety and depression.

Walking can, quite literally, be done anywhere but if tramping the streets or countryside alone is not your idea of fun, why not join a walking group near you? They are a great way to make new friends and meet like-minded people in a sociable and safe environment.

The Ramblers is Britain's walking charity, with around 500 groups throughout the British Isles. Most groups are organised geographically, but there are some that specialise in shorter, easier, or family-friendly walks, and others that cater for specific age groups - for example people in their 20s, 30s or 40s. Walks are run weekly and are generally led by a trained leader. The cost of annual membership is £32 or £3 per month.

The British Walking Federation organises walking events for people of all ages and abilities, to encourage personal fitness through regular non-competitive exercise. To participate, simply turn up and register on the day. A list of events can be found on their website



www.bwf-ivv.org.uk along with a list of walking groups around the country. The British Walking Federation offers individual membership at £8 per year, which entitles members to a calendar of events, newsletters and discounts on entry fees to permanent BWF trails.

If you like walking but fancy something a little different, why not give Nordic Walking a try? Originally designed to help cross-country skiers train during the summer months, this method of walking is suitable for all ages, experience and fitness levels, and involves the use of specially designed poles to give you a full body work out that tones the arms, legs, stomach, chest and back, in addition to the legs. Using the poles puts less pressure on the joints as the work is shared between different parts of the body. The only equipment needed to start Nordic Walking is a good pair of shoes and comfortable clothing. Poles are provided within the class fee price of £5-£6 for around an hour.

For more information visit:

www.britishnordicwalking.org.uk or
www.nordicwalking.co.uk.

by Debbie Singh-Bhatti

36A Bury Old Road, Whitefield, Manchester. M45 6TF.

We are an established estate agent with three offices stretching across the region and since opening the Radcliffe office in 2008 in the worst housing market era to date, we have managed to not only survive but flourish. With our eye-catching brand and sales driven team, we have managed to become market leader in the area with faultless reputation.

We launched our second office in Greenmount which is one of the most affluent areas in the region. This was a completely different challenge for us to take on board as we were dealing with properties of significantly higher value. Again with the help of a fantastic team we are now recognised as a leading agent in the area where vendors and purchasers tend to use us as a matter of course.

Due to the success of both Radcliffe and Greenmount we launched our third office in May 2014. The Whitefield office at 36A Bury Old Road, Whitefield, M45 6TF now allows us to cover the area like no other agent, helping clients move across the region hassle free.

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website, innovative use of social media and additional marketing features on National Property Portals.

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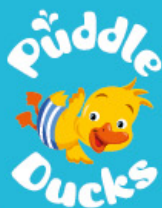


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Stand Cricket Club

www.standcc.co.uk



The major news coming out of the club over the last month, is that we have gained Clubmark accreditation from the Lancashire Cricket Board.

This is a big step in the right direction and well deserved, thanks to a team of volunteers who have made this possible.

Despite some impressive early season wins by our Senior teams, the weather has generally won the day, with our season adopting a stop start approach – Play one weekend, rained off the following, play the next!

However, hopefully with some better weather we can get on the field and string some good performances together. There is action every Saturday afternoon at the club from 1pm, whether it is 1st or 2nd team, its free to watch and the bar will be open. As a club we are always looking to increase our membership.

We have a thriving Junior section. Beginners, Under 10's and Under 11's train on Wednesday evenings and the rest Under 13's, 15's and 17's train on Fridays. We are always looking to increase our junior numbers and any enquiries should be directed to Steven Davies via the club's e mail address which is standcc@live.co.uk.

We also have a function room available to hire for your next celebration. Our large room, which has a capacity up to 135, has been recently refurbished

throughout and is a perfect location for Birthday Parties (including 18th's), Christenings, Dinners or Wedding Receptions.

We have a late bar facility available on request and Club DJ and Catering Services are also available on request.

Room hire starts from only £100 so please contact Katherine Davies on 07921 368 047 or Wayne Hargreaves on 07803 617 121 to check availability on your chosen date.

-- Karl Chadwick

Prestwich Cricket Club www.prestwichsport.com

The season so far has been successful overall, having only lost two of our fifteen fixtures so far.

The two games that we lost, have both been against teams at the bottom end of the table which is frustrating as it is just inconsistency that has cost us, rather than a lack of skill.

We are currently lying in fifth place in the league and we have had a remarkable run in the cups in all three that we entered, having defeated Leyland in a thriller just last weekend to go into the 3rd round of the LCB knockout. We play Bowdon next month in the Regional Final of the ECB National Cup, and also played Thornham recently in the Quarter Final of the Walkden Cup.

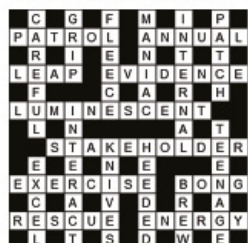
Our overseas signing Ryan Stanbury provided the highlight of the campaign so far in our early season victory over local rivals Stand blasting a remarkable 121 including 9 sixes and he is well worth a watch if you can get down to The Heys to watch the team play.

Also impressive are Lewis Jarvis and Sam Holden who are two of the quickest bowlers in the league. Throw old hands Andy Bradley and Carl Hey into the mix, and along with Stanbury there aren't many better bowling attacks around.

Back that up with a strong batting line up and excellent fielding and Prestwich should be challenging for silverware come the end of the season.

— Bob Hinchliffe

Coffee Break Solutions (from page 38)



7	6	4	9	8	1	3	5	2
9	2	1	3	7	5	8	4	6
8	3	5	4	2	6	1	9	7
3	4	8	1	9	2	6	7	5
2	5	7	8	6	4	9	1	3
1	9	6	5	3	7	4	2	8
4	8	3	7	5	9	2	6	1
6	7	9	2	1	3	5	8	4
5	1	2	6	4	8	7	3	9

FORTHCOMING 1XI FIXTURES: (1pm Start)

- 12th July Stand v Denton St Lawrence
Woodhouses v Prestwich
- 19th July Prestwich v Stand
- 26th July Flowery Field v Prestwich
Stand v Woodbank
- 2nd Aug Dukinfield v Prestwich
Glossop v Stand

Fixtures subject to change. Please check club websites before travelling.

Prestwich Heys FC

www.prestwichheys.com

Only six weeks have passed since the curtain came down on the Manchester League season but the countdown to the 2014-15 campaign is already underway with Prestwich Heys back in pre-season training.

After attaining a final Premier Division position of 4th, the clubs highest since 2007, Heys manager Jon Lyons is looking for his side to push on further this time round and began preparing his players for that challenge when they re-assembled at Sandgate Road on Saturday 21st June

The Heys boss has thus far retained all of last season's squad and identified a number of targets to strengthen the side still further whilst training sessions are open to any new players to come forward and take part. Attendees should bring both boots and running shoes.

The league season starts on 16th August and ahead of that Heys have lined up a varied pre-season programme of friendlies and Kenyon Cup ties.

The full itinerary is:

Tuesday 15th July
Radcliffe Town Away 7pm (Kenyon Cup)

Wednesday 16th July
Maine Road Home 7.15pm (Friendly)

Saturday 19th July
Bolton County Home 3pm (Kenyon Cup)

Tuesday 22nd July
Prestwich FC Home 7pm (Kenyon Cup)

Saturday 26th July
West Didsbury and Chorlton Home 3pm (Friendly)
Reserves v Old Stretfordians Away 2pm (Friendly)

Saturday 2nd August
Stonelough Away 2pm (Friendly)

Meanwhile, at their Annual General Meeting Heys confirmed changes to the governance and structure of the club.

The new structure of the club will see the overall management of the club, finance and strategy governed by a Management Board.

The Board will provide the framework for the day to day operation of the club which will continue to be carried out by the committee.

The Board will comprise two Financial Directors and three trustees of the club. The Financial Directors will be former players and local businessmen Nick Kingston and Mike McMahon. The trustees will be Martin Johnston, Neil Sankey and Stephen Howard.

John Carroll remains as Club Chairman working with the Board and the Committee.

The club are confident the new structure will herald a brighter future. The changes will bring investment into the club, securing its immediate future and the funding for ground improvements required to try and help fulfil Heys long stated ambition to progress up the Non-League Football pyramid.

— Stephen Howard

Prestwich FC

www.prestwichsport.com

Prestwich Pythons U9's recently enjoyed attending the Soccatechnix Challenge Cup tournament at Our Lady's Sports College, Blackley.



The Pythons impressed from the start and played some excellent football and eventually progressed out of the group rounds against some very good opposition and into the finals.

The Pythons form continued with some excellent passing football, but penalties would decide whom would make it past the semi and into the final and the Pythons held their nerve.

The boys worked extremely hard for each other, showing great team spirit and attitude all day. All the boys thoroughly enjoyed this brilliant day and went on to win their first ever trophy and medals.

Well done boys to each and everyone of you. A great team achievement.

— Bernard Lawson

Marauders

www.prestwichmarauders.co.uk

Prestwich Marauders Saints won this year's Under 10's Bolton Bury & District Junior Chairman's Cup at Bolton Wanderer's home ground, the Reebok, on the 17th May 2014. This is a follow on to them also winning the league, meaning they attained the double within their age group.

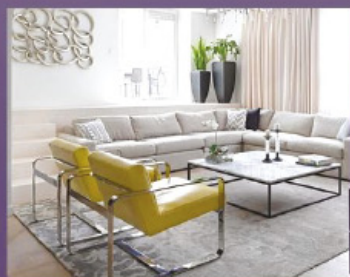
— Bobby James





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